A ACHIEVERS EARLY COLLEGE PREP CHARTER SCHOOL

MIDDLE SCHOOL NOVEMBER 2026

BREAKFAST & LUNCH MENU

GOOD FOOD GOOD ENERGY BRIGHTER FUTURES!

HEALTHY MEALS · STRONGER SCHOLARS · # ACHIEVERS · BRIGHTER TOMORROWS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **BREAKFAST** • Whole Grain Fruit Loops • Graham Crackers • Fresh Apple • Milk **LUNCH** • WG Chicken Nuggets • Broccoli • Fruit Punch • Apple Slices • WW Bread	**3** **BREAKFAST** • Strawberry Poptart • Apple Juice • Milk **LUNCH** • Baked Ziti • Meatballs w/ Marinara • Carrots • Cranapple Juice • Orange • Milk	**4** **BREAKFAST** • Rice Krispies • Graham Crackers • Green Apple • Milk **LUNCH** • Chicken & Cheese Tortilla • Corn • Fruit Punch • Milk	**5** **BREAKFAST** • Strawberry Bagelers • Grape Juice • Milk **LUNCH** • Macaroni & Cheese • Baked Potato Tots • Banana • Fruit Punch • WW Bread • Milk	**6** **BREAKFAST** • Blueberry Muffin • Fresh Apple • Milk **LUNCH** • Galaxy Pizza • Green Beans • Apple Juice • Milk
9 **BREAKFAST** • Lucky Charms • Graham Crackers • Fresh Apple • Milk **LUNCH** • Baked Chicken Tenders • Maple Baked Beans • Grape Juice • Orange • Milk	**10** **BREAKFAST** • Oatmeal Raisin Bar • Orange Juice • Milk **LUNCH** • Stuffed Cheese Sticks • Marinara Sauce • Baby Carrots • Fruit Punch • Apple Slices • Milk	**11** **BREAKFAST** • Cinnamon Toast Crunch • Graham Crackers • Green Apple • Milk **LUNCH** • Boxed Lunch: Turkey & American Cheese on WW Bread • Baby Carrots • Grape Juice • Milk	**12** **BREAKFAST** • Eggoji Smile Waffle • Sausage Links • Grape Juice • Milk **LUNCH** • French Toast Sticks • Sausage Links • Baked Potato Tots • Banana • Milk	**13** **BREAKFAST** • Corn Muffin • Fresh Apple • Milk **LUNCH** • Galaxy Pizza • Cauliflower • Orange Juice • Milk
16 **BREAKFAST** • Frosted Flakes • Graham Crackers • Fresh Apple • Milk **LUNCH** • Hamburger on WW Bun • Carrots • Fruit Punch • Apple • Milk	**17** **BREAKFAST** • Strawberry Poptart • Apple Juice • Milk **LUNCH** • Bean & Cheese Burrito • Broccoli • Orange • Milk	**18** **BREAKFAST** • Multi Grain Cheerios • Graham Crackers • Green Apple • Milk **LUNCH** • Baked Rosemary Chicken • Mashed Potatoes • Cornbread Stuffing • Cranapple Juice • Milk	**19** **BREAKFAST** • Cinnamon Bagelers • Fruit Punch • Milk **LUNCH** • Beef Nachos w/ Cheese • Corn/Red Bean Mix • Tostitos Scoops • Orange Juice • Banana • Milk	**20** **BREAKFAST** • Banana Muffin • Fresh Apple • Milk **LUNCH** • Galaxy Pizza • Green/Wax Bean Blend • Apple Juice • Milk
23 **BREAKFAST** • Rice Krispies • Graham Crackers • Fresh Apple • Milk **LUNCH** • Crispy Chicken Breast on WW Bun • Baked Potato Tots • Grape Juice • Milk	**24** **BREAKFAST** • Oatmeal Raisin Bar • Apple Juice • Milk • Milk	**25** **BREAKFAST** • Cinnamon Chex • Graham Crackers • Green Apple • Milk **LUNCH** • Macaroni w/ Beef • Carrots • Orange Pineapple Juice • Milk	**26** **SCHOOL CLOSED** Happy Thanksgiving!	**27** **SCHOOL CLOSED** Thanksgiving Break
30 **BREAKFAST** • Baked Chicken Sticks • Green Beans • Orange Pineapple • Orange Pineapple • WW Bread • Milk				

EAT WELL LEARN WELL ACHIEVE MORE!

MILK OPTIONS INCLUDED DAILY
- 1% Milk
- Fat Free Chocolate or Skim Milk

FRESH FRUITS & VEGETABLES SERVED DAILY
✓ Apples ✓ Oranges ✓ Bananas
✓ Carrots ✓ Broccoli ✓ And More!

NOURISHING TODAY FOR A BRIGHTER TOMORROW!

COLLEGE · LEADERSHIP · CHARACTER · SUCCESS